

TRIP REPORT RAWALAKOT – AJ&K VISIT BY MR. MUHAMMAD IJAZ NOORI CHAIRMAN PAKISTAN COUNCIL FOR SOCIAL WELFARE & HUMAN RIGHTS (PCSW&HR)

Chairman Pakistan Council for Social Welfare & Human Rights (PCSW&HR) Mr. Muhammad Ijaz Noori visited the Rawalakot – AJ&K on his official trip from 15 – 17 October 2014. PCSW&HR is executing the project “Economic Empowerment of Women through Vocational, Life Skills, Cultivation for Kitchen Gardening and Computer Training” with the collaboration of its counterpart OBOS_Caritas Seoul Korea. During his visit to Rawalakot Chairman PCSW&HR participated in the various activities as per detail given below.

Visit to Ghazi-e- Millat Press Club Rawalakot

Mr. Ijaz Noori visited the Ghazi-e-Millat Press Club Rawalakot. During his visit to Press Club on behalf of Pakistan Council for Social Welfare & Human Rights Mr. Noori donated the Computer, all of its accessories including the printer donated the Computer and all of its accessories including Printer to Ghazi Millat Press Club Rawalakot. A ceremony was organized at press club, in the ceremony members press club, journalists from media both print and electronic participated. While addressing to journalists during the ceremony at press club Mr. Noori said that role of media can't be denied at any level, media has played significant role in making world a global village and to reduce the communication gaps amongst the people living in the far areas. I believe, if the media identifies its responsibility and work sincerely and honestly, and then it can serve as a great force in building the nation.



**Mr. Muhammad Ijaz Noori addressing the members of
Ghazi-e-Millat Press Club Rawalakot**

Mr. Noori also highlighted the responsibilities of journalist and media in detail. He also briefed the journalists about the PCSW&HR's ongoing project and efforts to empower the women and youth. Members press club and journalists lauded the efforts of PCSW&HR and its counterpart to empower the women of AJ&K.



Mr. Muhammad Ijaz Noori addressing the members of Ghazi-e-Millat Press Club Rawalakot



Mr. Muhammad Ijaz Noori donating the computer to President Ghazi-e-Millat Press Club Rawalakot

Carrier Building Workshop for the Learners of Computer Literacy Centre

Mr. Noori also participated as chief guest in the carrier building workshop for the learners of computer literacy centre Khaigala. This computer centre has been established by the Pakistan Council for Social Welfare & Human Rights and OBOS_Caritas Seoul Korea. Various short & long term courses are being offered at this computer literacy centre. A carrier building workshop was organized at this computer literacy centre for those female learners have successfully completed their computer training. The purpose this carrier building workshop to orientate the how they can plan their future carrier in the various sectors or filed etc. influential of the area, journalists, educationists and female learners participated in the workshop.



One of learner of computer literacy centre addressing during the carrier building workshop



Mr. Muhammad Ijaz Noori addressing during the carrier building workshop

While addressing during the carrier building workshop Mr. Noori said that for sustainable development and real freedom we would have to see off the all international financial institutions including IMF & World Bank and have to depend on our natural resources and men power. These financial institutions are influencing the policies of Pakistan which may cause harmful for the public of Pakistan.



A view of participants of carrier building workshop



Mr. Ijaz Noori answering the questions raised by the Participants of carrier building workshop

He urged the youth that they should properly utilize their knowledge and education for the development of nation and they can only utilize their modern knowledge & education if they do proper future planning. He further said that participation of youth in the democratic system will make Pakistan stronger and also strengthen the democracy.

During the workshop Mr. Noori also highlighted the following aspects of Career Counseling.

- Self development
- Introduction to Career Counseling
- Career assessment
- Entrepreneurship
- Job search and placement.

Sardar Abdul Khaliq Advocate, Educationist Sardar Jahngir and others also addressed during the workshop.



Mr. Muhammad Ijaz Noori, Sardar Abdul Khaliq, Muhammad Jahngir and others addressing during the carrier building workshop

Agriculture Training for Kitchen Gardening

Agriculture training for kitchen gardening is also one of component of “Economic empowerment of Women project. The main purpose of this component is to improved savings and better nutrition through training for cultivation of kitchen gardens for households. During his visit to Rawalakot Mr. Muhammad Ijaz Noori also participated in the agriculture and briefed the participants regarding the importance of kitchen gardening as well as theoretical training on agriculture.



Mr. Muhammad Ijaz Noori addressing during the Agriculture workshop

Addressing during the agriculture workshop Mr. Noori said that PCSW&HR would tender full support to the learners of vocational training centre for promotion of kitchen gardening and stressed the need to grow vegetables at home for ensuring healthy life. He said that the PCSW&HR’s and OBOS_Caritas Kitchen Gardening program is a purposeful and productive program which should be promoted as it will help in reducing kitchen expenditures and pollution besides making homes good looking and green for healthy environment.



Mr. Muhammad Ijaz Noori briefing the participants about kitchen gardening during Agriculture workshop

He further said that it is need of the hour for the household food security, balance and proper nutrition and safe environment. He stressed the need for taking full benefit of the program as it would prove healthy activity, especially for ladies and old age people besides help to reduce your kitchen expenditures.



Mr. Muhammad Ijaz Noori, Sardar Abdul Khaliq Advocate, Mr. Ijaz Qamar and others addressing during the agriculture workshop for kitchen gardening

Mr. Noori also stressed for promotion of kitchen gardening to resolve the issues of public health and improving the lives of the masses. He highlighted the importance of sowing vegetable at domestic level and its economic and health benefits.

He informed the participants of agriculture workshop that vegetables grown at home are free of any sort of poison of fertilizer while it also helps cutting the domestic budget. Mr. Noori also comprehensively briefed the participants on introduction, objectives and goals of the Kitchen Gardening and emphasized on implementation of Kitchen Gardening at all levels of community

to bring a healthy change in society through food. He gave awareness about sowing, growing and cultivation of vegetables at home.

He also told about different types of gardening at home in which small areas can be utilized effectively. He further informed that that empty vessel, cartons, plastic bags and pots could be used for growing vegetables at home.

Exhibition of Learners Products

During his official visit to Rawalakot Mr. Muhammad Ijaz Noori also inaugurated the Exhibition of various products which were prepared by the learners of Vocational Training Centres established by PCSW&HR and OBOS_Caritas Seoul Korea. The purpose this exhibition was to introduce the learner's products among the garments business community and garments business community may introduce these products in the market and learners may earn their income as per the theme of this project



Mr. Muhammad Ijaz Noori, Sardar Abdul Khaliq inaugurating the Exhibition



Mr. Muhammad Ijaz Noori observing the product during the Exhibition of learner's products



Mr. Noori and others examines the Exhibition



A products of learners during the Exhibition



A products of learners during the Exhibition



Mr. Noori and others examines the Exhibition

Visit to Computer Literacy Centres Khaigala and Chambanar

During his visit to Rawalakot Mr. Muhammad Ijaz Noori also visited the Computer Literacy Centres Khaigala and Chambanar established by PCSW&HR with the collaboration of OBOS_Caritas Seoul Korea. There are 37 learners at computer centre Khaigala and 32 at computer centre Chambanar are gaining the computer training in short & long term courses.



Class is underway at computer literacy centre Khaigala - Rawalakot



Mr. Noori visiting the computer literacy centre Khaigala - Rawalakot



A front view of computer literacy centre Chambanar established by PCSW&HR and OBOS_Caritas Seoul Korea



Instructor imparting the computer training at computer centre Chambanar



Class is underway at computer literacy centre Chambanar - Rawalakot

Visit to Poonch Press Club Khaigala – Rawalakot

During his visit to Rawalakot Mr. Noori also visited the Poonch Press Club Khaigala – Rawalakot and held meeting the members of Poonch Press Club Khaigala. Mr. Noori also condoled with the senior journalist Mr. Riaz Jabutivi on the demise of his elder brother and offered the prayer for departure soul.



**A view of meeting between the members of Poonch press club
and Mr. Muhammad Ijaz Noori**



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